



P.O. Box 266  
Pine Forge, PA 19548  
Phone: 610-326-4610 ext. 347  
Phone: 800-830-0224 ext. 347  
Fax: 610-326-3946  
Email: [prodgers@aecsd.com](mailto:prodgers@aecsd.com)  
Website: [fit4youretreat.org](http://fit4youretreat.org)

## DIRECTIONS TO FIT 4 YOU Retreat

### From North Jersey:

Take I-78 west to PA Route 29 (Cedar Crest exit) go South. 29 will merge with PA Route 100 South. Follow PA Route 100 to Pottstown, exiting at King St. (PA Route 663 North). Go left on King St. to Manatawny St. (1<sup>st</sup> traffic light) Turn left and follow road approximately 3½ miles to Pine Forge Road. Turn left and follow road ¾ mile to Fit 4 You Retreat.

### From Philadelphia:

Take I-76 West to 422 West. Follow 422 West approximately 22 miles to PA Route 100 (Allentown, Pottstown exit). Go North on PA 100 to King St. (PA Route 663 North). Turn right and go to Manatawny St. (1<sup>st</sup> traffic light). Turn left and follow road approximately 3½ miles to Pine Forge Road. Turn left and follow road ¾ mile to Fit 4 You Retreat.

### From Washington- Baltimore:

Take I-95 North to Wilmington, Delaware. At Wilmington merge onto Route 222 North. Follow 222 North to PA Route 100 North. Follow Pa Route 100 North to Pottstown (King St exit, PA 663 North) turn right and go to Manatawny St. (1<sup>st</sup> traffic light). Turn left and follow road approximately 3½ miles to Pine Forge Road. Turn left and follow road ¾ mile to Fit 4 You Retreat.

### From Harrisburg or West

Take PA Turnpike east to the Downingtown Exit (PA Route 100 North) Follow PA Route 100 North to Pottstown. Exit at King St. (PA Route 100 North) Turn right and go to Manatawny St. (1<sup>st</sup> traffic light) Turn left and follow road approximately 3½ miles to Pine Forge Road. Turn left and follow road ¾ mile to Fit 4 You Retreat.



**GPS:** We do not have a physical address, if using a GPS system, use **299 Pine Forge Road, Boyertown, PA 19512**. You will continue about ¼ mile to arrive at our Guest Services on the left.